

The Encouragement Group meets on Thursday's at 9 a.m. in the fellowship hall. Come serve with us as we reach into our community!

Sunday Classes 9:15 a.m.
Sunday Worship 10:10 a.m.
Wed. Services 6:00 p.m.



**Melbourne
Church of Christ**
A Place to Belong

Elders

Danny Brightwell Alan Love
291-3439 243-4608

Shelby Qualls David Brightwell
291-7424 307-5714

Deacons

Joe Cooper 291-4653

Dalton Grigg 421-6240

Rusty Treat 373-1884

Minister

Ryan Lloyd
217-1109
Melbourne CoC
Box 267
Melbourne, AR

Family News

- Rose Irvin is scheduled for cataract surgery on June 6 & 18 at Mt. Home.
- Kaicey and Vance Little are pregnant with a baby boy. The baby has a very rare genetic syndrome and there are complications. They lost a daughter in 2022 with similar complications. Please pray for Kaicey and the baby's health.
- Debbie Crow is now recovering at home. Please keep her and Chuck in your prayers.
- Paul Wamack is not doing well. Please keep Paul and his family in your prayers.
- Troy Gaston is on Hospice. Please pray for him and the Gaston family.
- Eric Bray passed away last week. Please keep the Bray family in your prayers.
- Sermons and bulletins available at Melbournechurchofchrist.com

Melbourne Church of Christ

"A family of believers seeking to grow spiritually while sharing Jesus and serving others."

Clear-minded and Self-controlled

by Doug Kashorek

"The end of all things is near. Therefore be clear minded and self-controlled so that you can pray" (1 Peter 4:7).

This chapter is pivotal for living a life in Christ. When we become a Christian, we admit that when we lived for "evil human desires," we made a mess of our lives. Now, we live for the will of God. This does not mean that He fills us to take control over us (that might be nice if He did!). No, but He gives us strength and guidance to "live according to God in regard to the spirit."

Rather than "plunge with [the world] into the same flood of dissipation," we remember the cost of purchasing us—God's Son on the cross—and exert self-control. This is why Christianity is not like a membership at a gym that we use to work off guilt from overindulgence—when we feel like going. It is a way of life.

Being clear minded and self-controlled is the operating system through which we live, the lens through which we see every moment of every day of every week of every year. We are told to be so...so we can pray! Prayer is not something we just dash off to a God just waiting for us to speak it. We must be living a life in Christ just so we can pray.

"Do you not know that those who run in a race all run, but *only* one receives the prize? Run in such a way that you may win. ²⁵ Everyone who competes in the games exercises self-control in all things. They then *do it* to receive a perishable wreath, but we an imperishable. ²⁶ Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; ²⁷ but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified" (1 Corinthians 9:24-27).

OPENING PRAYER Danny Runion
CLOSING PRAYER Roger Humphrey



JUNE

CHIP MASTER **ROBERT LANGSTON**
ALAN LOVE **DAVIS LOVE**

JULY

SHELBY QUALLS **BRENT QUALLS**
SHAWN WORTHAM **ROGER HUMPHREY**

Self-Control
by Allen Hahn

An Old Chinese proverb goes like this: "If you are patient in one moment of anger, you will escape a hundred days of sorrow." I'm not sure about the number of days, but the basic idea is certainly true.

Any of these sound familiar? "I wish I hadn't said what I did." "I would give anything if I had kept my mouth shut." "I wish I could take it back." Most of us have been forced to use one or more of these, or similar, expressions.

What about the determination to keep ourselves under control? Some brag that they speak their mind. Those who have to hear them know that is not a good thing.

The rest of us need, in calmer moments, to resolve that we will speak with poise, even when provoked. Each of us needs to say, "I am determined, with God's help, not to let anyone make me angry enough to lose control of my temper. When we lose control, we lose and so does everybody else. Remember the words of Proverbs 16:32, "He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city."

Prayer List

Military: Derek Love **Officers:** Steve & Sherry Davidson, Jamie Irvin, Tyler Webb, Caeden Wolfe, Blake Johnson

Nursing Home: Al Gillihan, Debbie Hoskinds, Imodean Webb, Troy Gaston, Sue Campbell, Barbara Watson, Bill Wiseman

Ted Kidd	Wilma Cooper	Peggy Hall	Dorothy Teague
Bill Roland	Joe Guiltner	Debbie Crow	Cornelia Summers
Christie Haney	Joanna Smith	Wayne Crosby	Brooke Partin
Gary Brown	Sanyia Austin	Charlotte Cooper	John Young
Regenia Gillihan	Regina Master	Shawna Teegarden	John Ward
Boyde Martin	Gage Barns	Toby Weatherford	Ruby Patillo

June Birthdays

Brett Haney 2 nd	Sheilla Wammack 2 nd	Neal Treat 2 nd
Cash Fowler 7 th	Lisa Cooper 7 th	Natalie Brightwell 8 th
Dale Parish 8 th	Jeff Young 9 th	Melba Fulbright 11 th
Sutton Morehead 11 th	Jim Cooper 14 th	Whitney Worlow 14 th
Wilma Cooper 16 th	Wyatt Fowler 16 th	Rhett Carter 18 th
Hayden Wyatt 19 th	Stacy Dale 23 rd	Carter Cannon 25 th
Mary Hannah Bryant 26 th	Melba Bryant 26 th	Abigale Gilbert 29 th
Diana Wyatt 30 th		

June Anniversaries

Aaron & Kimberly Hoskinds 3rd	Randy & Christie Haney 4th
Doc & Linda Taylor 11th	Roger & Trena Humphrey 11 th
Wes & Amy Wahl 11 th	Alan & Anita Love 16th
Steve & Sherry Davidson 21 st	Al & Francis Gillihan 25th
Jimmie & Melba Fulbright 27 th	Anthony & Lacey Weston 27 th

Dates to Remember

Ladies Night Out 4th Monday of every month @ 6 p.m. bring a finger food.
Ladies Bible Study 1st, 2nd, 3rd Monday @ 6 p.m.
Men meet 3rd Sunday of every month for breakfast @ 8 a.m.
Family game night every 4th Sunday from 5-7 p.m. bring a finger food.
Potluck every 5th Sunday after services, please bring a dish.

Genesis 4:7, "If you do well, will not your countenance be lifted up? And if you do not do well, sin is crouching at the door; and its desire is for you, but you must master it."