



Sunday Bible Class 9:15 a.m.
Sunday Worship 10:15 a.m.
Sunday Bible Class 11:15 a.m.
Wednesday Evening 6:00 p.m.
Nursing Home 3rd Sunday 2 p.m.

Please bring money or items for the Children's Homes

Cereal Coffee Fruit Snacks Gatorade Grape Jelly Popcorn Instant Rice Instant Oatmeal Pop-Tarts/Breakfast Bars Olive Oil Tortilla Chips Water Splenda/Stevia Granola Bars





Frank Fowler

291-1784

Melbourne Church of Christ

A Place to Belong

Elders

Danny Brightwell 291-3439

Shelby Qualls 346-5255

Deacons

Bryan Phillips David Brightwell 373-0546 291-1122

Alan Love 243-4608

Joe Cooper 291-4653

Minister

Ryan Lloyd 217-1109 368-7886

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* Communion is gluten-free and travel communion is available.

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Melbourne Church of Christ

"A family of believers seeking to grow spiritually while sharing Jesus and serving others."

The Five Second Rule

by Timothy D. Hall

If someone drops a chicken nugget on the floor, it's common to say, "Five-second rule!" The idea is that bacteria doesn't have time to attach to the food. That sounds great, but research shows bacteria can contaminate food dropped in the floor instantly. So, another common saying was recently born, "When in doubt, toss it out."

Not all bacteria make you sick, but some can make you deathly sick. Does this only apply to food? How about things we allow into our eyes, hands, ears, mouths, minds and hearts? Can't that potentially make one deathly sick, spiritually and do great damage?

How long did David stare at Bathsheba as she bathed herself? David could have turned away, but he didn't. So, the lust of his eyes darkened his heart. That led to lies, murder and finally adultery. James 1:14-15, says, "But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin; and sin, when it is finished, bringeth forth death."

Like David, we sometimes stumble upon enticing images and thoughts accidentally. Other times, we know exactly what we're watching and thinking about. David said it well in Psalm 101:3, "I will set no wicked thing before mine eyes; I hate the work of them that turn aside; it shall not cleave to me."

By refusing to eat food off the floor, it's more likely I won't get sick. By determining not to allow darkness to invade my soul, it's more likely I'll maintain purity and God honoring relationships.

When in doubt, toss it out. What are you setting before your eyes and thoughts? Is your focus bringing forth death, or life?

TODAY

SONG LEADER
OPENING PRAYER
CLOSING PRAYER

Doyle Wyatt Brad Sipe Kelly Webb **NEXT SUNDAY**

David Brightwell Ted Wammack Alan Love



RANDY HANEY
DANNY RUNION

DALE BYLER
FRANK FOWLER

BRYAN PHILLIPS
WYATT FOWLER

LORD'S SUPPER NEXT MONTH

BRENT QUALLS
KADEN WILLIAMS

DANNY BRIGHTWELL
TED WAMMACK

LARRY YOUNG
KENNY MOSER

DOOR GREETERS

FEBRUARY 16TH FRANK, ELLIE, WYATT & CASH FOWLER
FEBRUARY 23RD KELLY & TIFFANY WEBB

CHILDREN'S GATHERING TEACHERS FOR FEBRUARY

TAMRA & NATALIE BRIGHTWELL

Nursery

February 16th **Tiffany & Kiley Webb** February 23rd **Melanie Crosby**

"Love is the great conqueror of lust. Being in love is far better than either common sensuality or cold self-centeredness."

-C.S. Lewis

Prayer List

Military: Derek Love, Tyler Talkington, A.J. Talkington, Blake Johnson

Officers: Steven & Sherry Davidson, Josh Morehead, Jamie Irvin, Tyler Webb,

Caeden Wolfe

Health: Dot Sanders Joyce Newbrey Donnie Vest Joanna Smith Joe Guiltner Jane Sullivan Wilma Cooper Wayne Crosby Tracy Thomas **Brooke Pritchard** James Nicholson **Troy Gaston** Bill Roland Donny Smith Joanne Weston Hayden Phillips Bill Wiseman Debbie Nicholson Helen King Phil Haagenson Dale Smith Eutha Vest Tommy Washington Jim Fowler Toni Lawrence Andrew Weaver Andrew Pearson Ivy Jo Slade Johnny Guthrie Dan Clark Sue Washington Charlotte Cooper Bob & Arlene Davidson Lee Watson Nick & Mary Kosmitis Cecilia Broughton **Buddy James**

Nursing Home: Lucille Linn, Audrey Eddings, Debbie Hoskinds, Holly Stroud,

Jimmy Gillihan, Emma Jean Cooper

February Birthdays

Frank Fowler 1st Cindy Phillips 11th Davy Wyatt 14th Kaleb Moser 25th Joyce Newbrey 5th
Brighton Beebe 11th
Harris Wyatt 14th
Chipper Lamb 27th

Aaron Young 8th Dewey Brightwell 13th David Lawrence 19th

February Anniversaries

Acy & Iris Beebe 13th

Ted & Sheilla Wammack 14th

Dates to Remember

February 24th Ladies Night Out @ 6pm, bring item for Manna House
March 15th Men's Breakfast @ 8am
March 29th Potluck after services