The Encouragement Group meets on Thursday's at 9 a.m. in the fellowship hall. Come serve with us as we reach into our community!

Sunday Classes 9:15 a.m.

Sunday Worship 10:10 a.m.

Wed. Services 6:00 p.m.

Visitors, please take a card from the back of the pew, fill it out, and put it in the offering tray. We are glad you're here and want you to know that you're welcome in the family of Christ that meets here!

## Listen to sermons at Melbournechurchofchrist.com

# **Elders**

Danny Brightwell Alan Love 291-3439 243-4608

Shelby Qualls

291-7424

David Brightwell 307-5714

# **Deacons**

Joe Cooper 291-4653 Dalton Grigg 421-6240

Rusty Treat 373-1884

# <u>Minister</u>

Ryan Lloyd 217-1109 Melbourne CoC Box 267 Melbourne, AR



➤ Introducing Esme' Marie Love | Born Jan. 18, 2025 | 8 lbs. 1 oz. 20.5 in. Welcomed with love by proud parents Derek and Allison.



- ➤ Jessica Wortham was baptized Wednesday night, Jan. 22<sup>nd</sup>.

  Congratulations Jessica! "We have been buried with Christ Jesus through baptism into death, so that as Christ was raised from the dead through the glory of the Father, we too might walk in newness of life." Rom. 6:4
- Dave Smith passed away on Wednesday. Please keep Debbie Lord and his daughter Shallon in prayer.
- > There is a sign-up sheet in the foyer for opportunities to serve.

# February 02, 2025

# Melbourne Church of Christ

"A family of believers seeking to grow spiritually while sharing Jesus and serving others."

#### Rest

by Billy Swan

As I write these words on vacation, I confess to be thoroughly enjoying a good rest—the break from routine, appointments, meetings, not setting the alarm clock, etc. Yet the one thing I cannot take a break from is prayer. Why? Because prayer is a time not of work but of rest. We would be exhausted without it. Unless we rest in him, then no amount of entertainment, thrills, or new experiences will ever provide the essential rest we need.

God asks his people to rest on the Sabbath day, not to be free to do nothing but have the time to worship. Rest is linked with prayer (Ex. 20:10; Lev. 23:3). Worship and prayer help us to rest and recover: "The Sabbath was made for man, not man for the sabbath" (Mark 2:27-28). In the story of the Exodus, God leads his people towards the promised land, which is described as "the place of rest" (Deut. 12:19; Ps. 95:11). In Psalm 23, the Good Shepherd is the one who "revives my drooping spirit" (23:3) for "only in God will my soul be at rest, from him comes my salvation" (Ps. 62:1). Being at rest also comes with doing God's will and following the path he has marked out for us: "Thus says the Lord, stand by the roads, and look, and ask for the ancient paths, where the good way is; walk in it, and you will find rest for your souls" (Jer. 6:16).

Jesus invites to come to him "all you who labor and are burdened I will give you rest" (Matt. 11:28). Jesus instructs his disciples, "come with me by yourselves to a quiet place and get some rest" (Mark 6:31). Note how the experience of genuine rest is with Christ. This is seen again in a beautiful scene in John's Gospel when the beloved disciple reclines on Jesus' chest in a moment of both rest and loving union (John 13:23). In Hebrews, we are taught to regularly leave behind work "for anyone who enters God's rest also rests from their works just as God did from his. Let us therefore make every effort to enter that rest" (Heb. 4:11). Continued....

Opening Prayer.....Alan Love

Communion Reading......Dalton Grigg

Closing Prayer.....David Brightwell



#### **FEBRUARY**

SHELBY QUALLS
SANDERS LEE WYATT

BRENT QUALLS
CHIP MASTER

### **MARCH**

DANNY BRIGHTWELL BRAD SIPE DAVID BRIGHTWELL
RANDY HANEY

Continued... During the time of busy, hectic lives, it's important to slow down, reflect, and allow our bodies and souls to recharge. Vacation is a time to explore new places, visit people, catch up on sleep, and enjoy ourselves. All this is good. But we need to know that no amount of entertainment, relaxation, or distraction can ever be substitutes for resting in God.

But how do we rest in God? We abide in him and his love (John 15:4-7). Resting in God means consciously coming into his presence. This is a time to be silent, to be still, to be known by God as his child and to be loved by him. It is a time to listen with our heart as we lean on God's chest in the fulness of his embrace. In times of prayer, God refreshes us and provides the strength we need to return to our busy lives. Rest includes confessing sin that brings forgiveness and healing. When laden by sin and addictive behavior, the soul becomes so exhausted that no amount of sleep helps, only God's forgiveness can do that.

If we go without the rest our bodies need then the health of our bodies will suffer. If our souls go without the rest they need, they too will begin to break apart. I recently saw a road safety warning on a billboard that said: "Tiredness kills." Yes, tiredness can kill not just the body but the soul if it does not rest in God. May every area of our lives rest in him and be refreshed.

## **Prayer List**

**Military:** Derek & Allison Love **Officers:** Steve & Sherry Davidson, Jamie Irvin, Tyler Webb, Caeden Wolfe, Blake Johnson

**Nursing Home:** Al Gillihan, Debbie Hoskinds, Imodean Webb, Sue Campbell, Barbara Watson, Bill Wiseman, Shirley Hill, Imogene James, Bill Roland

Boyde Martin	Wilma Cooper	Phyllis Gilbreath	Dorothy Teague
Ruby Patillo	Joe Guiltner	Cornelia Summers	Christie Haney
Joanna Smith	Wayne Crosby	Brooke Partin	Joe Anne Hendrix
Sanyia Austin	Charlotte Cooper	John Young	Regenia Gillihan
Regina Master	Shawna Teegarden	Gage Barns	John Ward

## **February Birthdays**

Frank Fowler 1st	Brandi Watson 7th	Megan Rush Purtle 7th
Aaron Young 8th	Dewey Brightwell 13 <sup>th</sup>	Ian Hammond 14th
Davey Wyatt 14th	Harris Wyatt 14 <sup>th</sup>	Kori Minick 18th
David Lawrence 19th	Brandy Treat 21st	Chipper Lamb 27 <sup>th</sup>

## **February Anniversaries**

Ted & Sheilla Wammack 14th

# **Dates to Remember**

Ladies Night Out 4<sup>th</sup> Monday of every month @ 6 p.m. bring a finger food.

Ladies Bible Study 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Monday @ 6 p.m.

Men meet 3<sup>rd</sup> Sunday of every month for breakfast @ 8 a.m.

Potluck every 5<sup>th</sup> Sunday after services, please bring a dish.

Luke 10:38-42, "Martha welcomed Jesus into her home. She had a sister called Mary, who was seated at the Lord's feet, listening to His word. But Martha was distracted with all her preparations; and she came up to Him and said, "Lord, do You not care that my sister has left me to do all the serving alone? Then tell her to help me." But the Lord answered and said to her, "Martha, Martha, you are worried and bothered about so many things; but only one thing is necessary, for Mary has chosen the good part, which shall not be taken away from her."

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