

Melbourne Church of Christ

"A family of believers seeking to grow spiritually while sharing Jesus and serving others."

A Short Fuse

by Ryan Lloyd

In 1 Corinthians 10:13, Paul reminds us that no temptation is too much and that God is faithful even in moments of temptation. This applies to unhealthy expressions of anger and the lack of mercy. The emotion of anger is not sinful in any way but how we choose to express it can be. Ephesians 4:26-32 teaches this kingdom principle to be embedded in our hearts and actions. Anyone can have a short fuse when it comes to expressing anger. God's word tells us to be slow to wrath in Proverbs 14:29 & 15:18. So how do we apply it?

We could pause before responding. We can get angry when trying to control something or someone that's outside of our power. We could study Proverbs 16:32 and be prepared to pause with self-control, rather than a rapid angry response, Ecclesiastes 7:9 is helpful in this area. It's important to make sure we have all the facts before forming a response.

We could pause before sharing opinions. This is where being slow to speak comes into play in James 1:19. Force yourself to listen. Make sure the other person or people involved know we're intently listening, and look for an appropriate time to express opinions. And when we speak, we could practice seasoning our speech with mercy, grace and salt as Paul declared in Colossians 4:6.

Ignore personal attacks. It's right to overlook transgressions according to Proverbs 19:11. Jesus guides believers in Matt. 5:39 to not resist an evil person and turn the other cheek.

Quick tempers develop by watching others be quick tempered in Proverbs 22:24-25. With God's word and power active in our lives, we can process the emotion of anger in a godly way by learning to extend mercy when it matters the most, in the moment.

CHILDREN'S
HOMES, INC.



Southern
Christian
CHILDREN'S HOME

Sunday Bible Class 9:15 a.m.
Sunday Worship 10:15 a.m.
Sunday Bible Class 11:15 a.m.
Wednesday Evening 6:00 p.m.
Nursing Home 3rd Sunday 2 p.m.

Please bring money or items for the Children's Homes

Cold & Flu Medicine Dish Washer Detergent (Liquid or Pods)
Fabric Softener Individually Packed Snacks/Drink Mixes
Crunchy Peanut Butter Cereal French Style Green Beans



Box 2169
Cedar, Park, TX 78630

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Family News

- Larry Young has been selected by the Quapaw Area Council & Boy Scouts of America to receive the Silver Beaver Award. This is the highest award to bestow upon a volunteer. The banquet will be held Saturday, January 25th at the 2nd Presbyterian Church in Little Rock. All are invited to attend. Please see Larry for details.
- Earnie Blackley passed away yesterday. Arrangements will be posted online on Monday @ eddiesfamilyfuneralhome.com Please keep Earnie's family and friends in your prayers.
- * Communion is gluten-free and travel communion is available.

	TODAY	NEXT SUNDAY
SONG LEADER	David Brightwell	Doyle Wyatt
OPENING PRAYER	Frank Fowler	Danny Brightwell
CLOSING PRAYER	Bryan Phillips	Brad Sipe



Kelly Webb
Shelby Qualls

Joe Cooper
Daylee Brightwell

Brad Sipe
Davis Love

LORD'S SUPPER NEXT MONTH

RANDY HANEY
DANNY RUNION

DALE BYLER
FRANK FOWLER

BRYAN PHILLIPS
WYATT FOWLER

DOOR GREETERS

JANUARY 5TH **SHELBY & RAMONA QUALLS**

JANUARY 12TH **DOYLE & DIANA WYATT**

CHILDREN'S GATHERING TEACHERS FOR JANUARY

TAMRA & NATALIE BRIGHTWELL

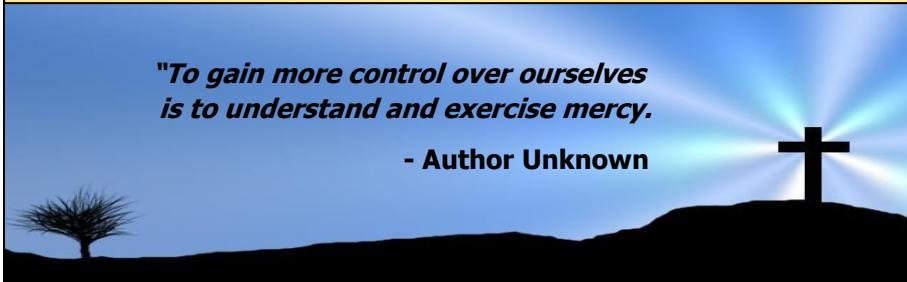
Nursery

January 5th **Christie Haney**

January 12th **Anita Love**

*"To gain more control over ourselves
is to understand and exercise mercy.*

- Author Unknown



Prayer List

Military: Derek Love, Tyler Talkington, A.J. Talkington, Blake Johnson

Officers: Steven & Sherry Davidson, Josh Morehead, Jamie Irvin, Tyler Webb, Caeden Wolfe

Health: Dot Sanders	Joyce Newbrey	Donnie Vest	Joanna Smith
Joe Guiltner	Jane Sullivan	Wilma Cooper	Wayne Crosby
Tracy Thomas	Brooke Pritchard	Troy Gaston	James Nicholson
Bill Roland	Hayden Phillips	Donny Smith	Joanne Weston
Bill Wiseman	Debbie Nicholson	Helen King	Phil Haagenson
Eutha Vest	Tommy Washington	Jim Fowler	Dale Smith
Andrew Pearson	Ivy Jo Slade	Toni Lawrence	Andrew Weaver
Sue Washington	Johnny Guthrie	Charlotte Cooper	Dan Clark
Nick & Mary Kosmitis	Bob & Arlene Davidson		

Nursing Home: Lucille Linn, Audrey Eddings, Debbie Hoskinds, Holly Stroud, Jimmy Gillihan, Emma Jean Cooper

January Birthdays

Emma Marie Cooper 3 rd	Randy Zook 5 th	Julie Teague 10 th
Sue Washington 12 th	Kimbery Hoskinds 12 th	Melissa Lamb 14 th
Kiley Webb 14 th	Arlene Davidson 15 th	Luke Vest 17 th
Mary Kosmitis 17 th	Charles Everett 19 th	Ken Bone 20 th
Wayne Crosby 20 th	Emma Jean Cooper 22 nd	Iris Beebe 22 nd
David Hoskinds 23 rd	Rhetha Lamb 24 th	Jeanette Everett 24 th
Trey Lamb 25 th	Daylee Brightwell 25 th	Zori Brightwell 25 th
Kyler McLaughlin 25 th	Eastyn Teegarden 25 th	Joe Paul Smith 28 th
Adam Hoskinds 31 st	Joe Ingram 31 st	

January Anniversaries

John & Marilyn Smith 18th

Randy & Diane Zook 21st

Dates to Remember

January 19th **Men's Breakfast** @ 8am

January 27th **Ladies Night Out** @ 6pm, bring item for Manna House

Everyone needs to bring a finger food

March 29th **Potluck** after services